

Parent Resources

Food:

CCAP Food Bank

311 Doric Avenue
Cranston, RI 02901
401-562-2272

Website: <https://www.comcap.org>

Hours:

Monday, Tuesday, Friday (9:30am-12:30pm and 2-4pm)

Wednesday (9:30am-12:30pm and 2:30-6:30pm)

Thursday (10am-1pm)

New Food Bank Clients contact for an appointment for initial intake

Lime Rock Baptist Church Food Pantry

1075 Great Road
Lincoln, RI 02865
401-334-2999

Website: <https://www.lrbcri.org/lrbc-food-pantry>

Hours:

Tuesday (Lincoln Residents) 5-6pm

Saturday (all towns welcome) 9-10am

Amos House

460 Pine St
Providence RI, 02907
(401) 272-0220

Website: <https://amoshouse.com/what-we-do/food>

Hours:

Monday - Friday (7-8am breakfast) (11am-12:30pm lunch)

Saturday (11am- 12pm Lunch)

Northern Rhode Island Food Pantry

1 Angell Road

Cumberland, RI 02864
(401) 347-5714
Website: <https://www.nrifoodpantry.org>

Hours: First and Third Saturday of each month 7am-10am

Blackstone Valley Emergency Food Center

75 Benefit Street
Pawtucket, RI 02861
(401) 724-7170

Hours: Monday 9am-11:30am Wednesday 9am-11:30am Friday 9am-11:30am

Good Neighbors INC. community Kitchen

55 Turner Avenue
East Providence RI 02915
(401) 433-0045
Email: Goodneighborsri@gmail.com
Website: <https://www.goodneighborsri.org>

Hours: Monday-Friday 8am-2pm

Progreso Latino Inc.

626 Broad Street
Central Falls, RI 02863
(401) 728-5920
Website: <https://progresolatino.org/cffood-pantry>

Hours: Monday-Friday 9am-5pm

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Website: <https://www.fns.usda.gov/wic>

We Share Hope – Hope Market

310 Bourne Ave Building 70

Rumford, RI 02916
(401) 638-4673
Website: <https://wesharehope.org>

Hours: Monday 3am-6pm Tuesday 12pm-3pm Wednesday 3pm-6pm Thursday 10am-1pm

A Little Bit of Everything

340 Cottage Street
Pawtucket, RI 02860
(401) 305-3324

Hours: Monday-Wednesday + Saturday 9am-6pm Thursday-Friday 9am-7pm Sunday 10am-5pm

Epiphany Soup Kitchen

114 George Street
Providence, RI 02906
(401) 601-6825
Website: <https://www.sstephens.org/epiphanysoupkitchen>

Hours: Saturday 3:30pm-5pm

Clothing:

Salvation Army - Family Store

Providence Location:
201 pitman Street
Providence, RI 02906
(800) 729-7825
Website: <https://satruck.org>

Hours: Monday-Friday 9am-8pm Saturday 9am-6pm

Woonsocket Location:
30 Main Street
Woonsocket, RI 02895

Warwick Location:
558 Greenwich Ave
Warwick RI 02886

Wardrobe by McAuley Ministries

1286 Broad Street
Central Falls, RI, 02983
(401) 729-0405

Website: <https://mcauleyri.org/warde-robe/>

Hours: Tuesday-Saturday (10am-3pm)

Open Table of Christ United Methodist Church

1520 Broad Street
Providence, RI 02905
(401) 808-8048
Website:

Hours: Tuesday-Friday 9am-11am Saturday 9am-1:30pm

Savers

201 Branch Ave
Providence, RI 02904
(401) 273-1085
Website: <https://stores.savers.com/ri/providence/savers-thrift-store-1165.html>

Hours: Monday-Saturday 9am-9pm Sunday 10am-7pm

Charity Services LLC

7 Donnell Lane
Pawtucket, RI 02860
(203) 996-8607
Website: <http://upcyclecollaborative.com>

Rhode Island Center Assisting those in Need

805 Alton Carolina Road
Charlestown, RI 02813
(401) 364-9412
Website: <https://www.rhodeislandcan.org>

Hours: Monday-Saturday 10am-5pm

Clothing Collaborative @ DIIRI

645 Elmwood Avenue
Providence, RI 02907
(401) 784-8663
Website: <https://www.diiri.org/what-we-do/donate-goods/>
Hours: Monday-Friday 9am-2pm

Goodwill Providence

100 Houghton Street
Providence, RI 02904
(401) 861-2080

Website: <https://www.goodwillsne.org>

Hours: Monday-Friday 8am-4pm

Dress for Success

1058 Broad Street
Providence, RI 02905

Email: Providence@dressforsuccess.org

Website: <https://dressforsuccess.org/programs/suiting/>

Jackie on Broadway

324 N Broadway
Rumford RI 02916
(401) 935-3233

Website: <https://www.jackieonbroadway.com>

Hours: Wednesday-Saturday 10am-6pm Sunday 12pm-4pm

Counseling/Therapy:

Life-stance Health

Life stance therapists and psychiatrists Cranston
989 Reservoir Ave Suite 101
Cranston RI 02910

Website: https://lifestance.com/location/cranston-ri-989-reservoir-ave/?utm_source=gmb&utm_medium=organic&utm_campaign=locations

Children and Adolescent services: <https://lifestance.com/service-audience/children-adolescent/>

Looking Upwards Inc.

2974 E Main Road
Portsmouth, RI 02871
(401) 293-5790

Website: <https://www.lookingupwards.org>

ARISE Psychotherapy Services, inc.

(Adolescents and Adults)

410 N Broadway

East Providence RI 02914

401) 320-4458

Website: <https://arisecounselingri.com>

Tides of Mind Counseling

245 Waterman St.

Suite 200

Providence, RI 02903

(401) 369-8192

Website: <https://tidesofmindcounseling.com/offices/providence/>

Kids' Link Rhode Island

(Connects caregivers to clinician when child is in emotional crisis)

1 (855) 543-5465

Website: <https://www.lifespan.org/centers-services/kids-link-ri>

Thriveworks

827 N Main Street #3

Providence, RI 02904

(401) 235-4170

Website: <https://thriveworks.com/rhode-island-counseling-therapy/child-therapy/>

Frank Olean Center, Inc.

93 Airport Rd

Westerly, RI 02891

(401) 596-2091

Website: <https://www.oleancenter.org>

Dr. Daycare Therapeutic Child Care Services

1201 Douglas Pike Suite 1

Smithfield, RI 02917

(401) 349-0044

Website: <https://www.drdaycare.com>

(See website for more locations)

Hours: Monday-Friday 7am-5:30am

Access Point RI

111 Comstock Pkwy

Cranston, RI 02921

(401) 941-1112

Website: <https://www.accesspointri.org>

Bradley Hospital

1011 Veterans Memorial Pkwy

Riverside, RI 02915

(401) 432-1000

Website: <https://www.lifespan.org/locations/bradley-hospital>

Family Behavior Solutions

225 Newman Ave

Rumford, RI 02916

(401) 270-7110

Email: info@familybehaviorsolutions.com

Website: <https://www.fbsne.com>

J. Arthur Trudeau Memorial Center

3445 Post Road

Warwick, RI 02886

(401) 739-2700

Website: <https://trudeaucenter.org>

Momentum Inc.

715 Putnam Pike

Greenville, RI 02828

(401) 618-6995

Website: <https://www.momentumri.org>

Meaningful Outcomes

127 School Street

Pawtucket, RI 02860

(401) 684-0747

Email: services@mobhs.com

Website: <https://mobhs.com>

ProAbility

25 Thurber Blvd

Smithfield, RI 02917

(401) 233-1634

Website: <https://www.arcnbc.org/locations/proability.html>

Hours: Monday-Friday 8:30am-4:30pm

Housing Insecurity:

My Housing Search

(Find homes and apartments across Rhode Island)

Website: <https://www.housingsearchri.org>

Rhode Island Coalition to End Homelessness

223 Dyer Street 2nd Floor

Providence, RI 02903

Website: <https://www.rihomeless.org>

Hours: Monday-Friday 9am-3pm

Better Lives Rhode Island

12 Abbott Park Pl

Providence, RI 02903

(401) 454-7422

Website: <https://betterlivesri.org>

Amos House

460 Pine Street

Providence, RI 02907

(401) 272-0220

Website: <https://amoshouse.com>

Hours: Monday-Friday 8am-4pm

Open Doors

485 Plainfield Street

Providence, RI 02909

(401) 781-5808

Website: <https://opendoorsri.org>

Hours: Monday-Friday 9am-4pm

Other Resources:

I Support the Girls (ISTG)

(Provides Aid, Safety, and Hygiene kits) (menstrual products, bras, underwear)

240-816-0570

Email: info@iSupportTheGirls.org

Link: <https://isupportthegirls.org/programs/ash-kits/dash/>

Medicaid

(Healthcare)

Website: <https://www.medicaid.gov>

(Medicaid: Children's Health Insurance Program (CHIP))

Website: <https://www.medicaid.gov/chip/index.html>

HealthCare Services

(Care at home)

(401) 941-9710

Website: <https://www.health-careservices.com/pages/Contact.cfm>

Dorcas International

(Translation, Employment services, citizenship & immigration)

645 Elmwood Ave

Providence, RI 02907

(401) 784-8600

Website: <https://www.diiri.org>

Westbay Community Action, Inc.

(provides heating, groceries, school lunch, and much more)

487 Jefferson Blvd

Warwick, RI 02886

(401) 732-4660

Website: <https://westbaycap.org>

Hours: Monday-Friday 8:30pm-4:30pm